



Chesapeake High School

Outdoor Track Guidelines to Varsity

2024 Spring Season

The following are goals that you should try to meet in order to be considered as Varsity for this season. Final decisions about Varsity/JV will be discussed by the coaching staff and are at the Head Coach's discretion.

1) Follow team rules

- proper behavior: follow school policies and team rules
- attendance: be at practice/meets and be on time

2) Earn a spot in any Championship meets (that means qualify, not get added to the meet to fill a spot)

- Counties
- Regions
- States

3) Be a Leader

- set a good example
- show strong effort
- go above and beyond
- be chosen as a captain
- be respectful/use proper language

4) You must finish the season in good standing

- no letter/pin/certificate will be awarded if you do not finish the season

***Note: Meeting any one of these could qualify you for Varsity and failure to meet any one of these could disqualify you. Final decision is at the Head Coach's discretion.**